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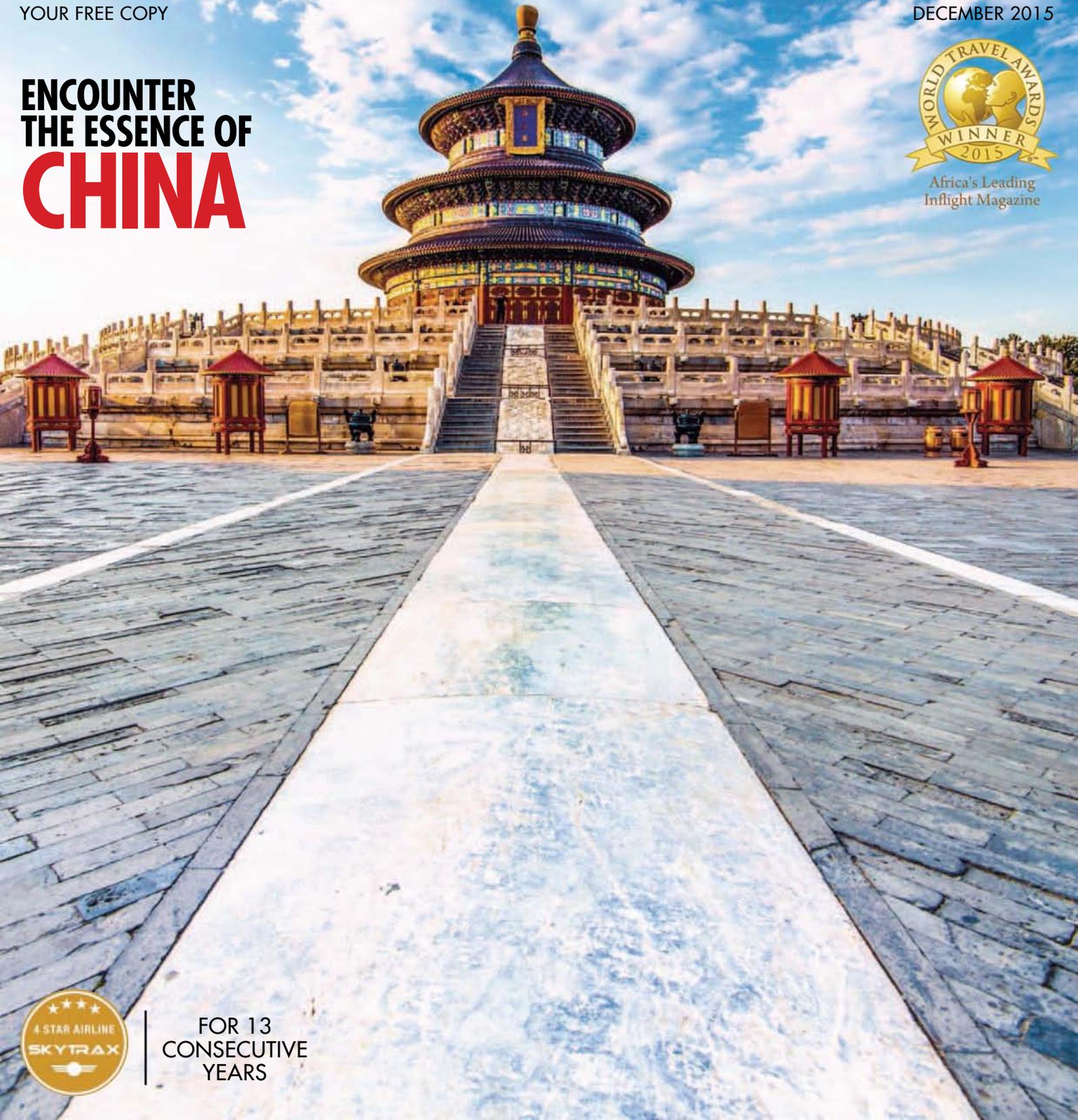
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DECEMBER 2015

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Africa's Leading
Inflight Magazine



FOR 13
CONSECUTIVE
YEARS



Asheville

By Daniel Scheffler

GLOBAL EYE

ASHEVILLE, NORTH CAROLINA, USA:

A small mountain town, known for the liberal Black Mountain arts college, has just opened the perfect place to stay – the Bunn House. With free snacks and self-check-in facilities, this family-run home is comfortable and convenient. Asheville’s currently reviving its long-standing commitment to the arts and is worth exploring for more than a weekend. Make sure historic Biltmore Estate, built by George Washington, is on your itinerary. *Visit: www.bunnhouse.com*

TEL AVIV: The food’s still the best thing about this cosmopolitan, dynamic city.

However, The Norman has now opened a 50-room boutique hotel there too, comprising revamped historical buildings which include a pool and two restaurants. One is a Japanese tapas eatery. *Visit: www.thenorman.com*

MIAMI: One of the latest incarnations of Ian Schrager’s Edition hotels has opened on Miami Beach. With a bowling alley and nightclub, various pools, fabulous dining and rooms overlooking the ocean, it’s given a visit to the city new appeal. *Visit: www.editionhotels.com/miami-beach*

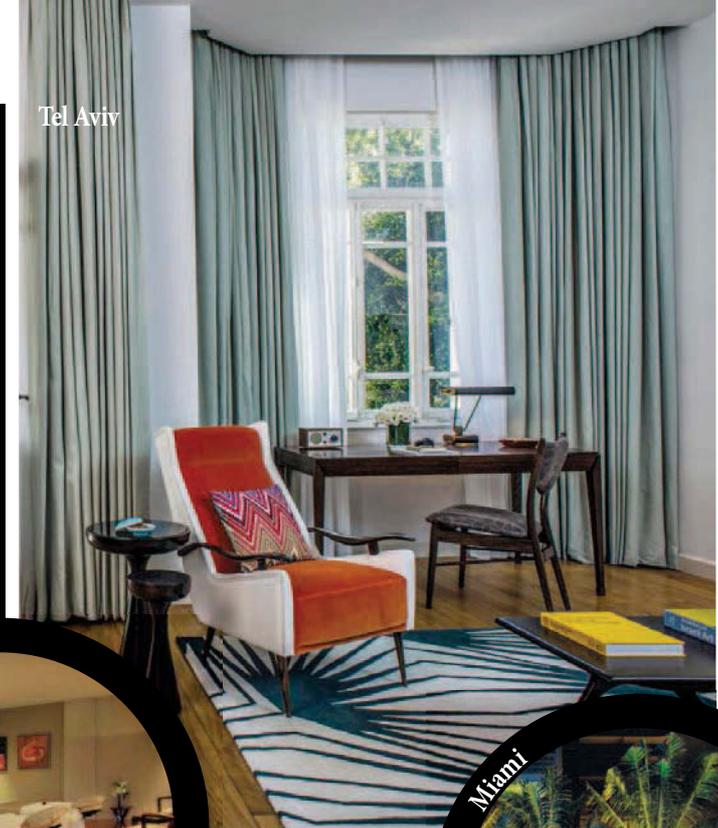
UYUNI SALT FLAT, BOLIVIA: Not on the usual tourist track, Bolivia’s finally opening up its luxury offerings. Cox & Kings is booking trips to this landlocked country which include stays in the renowned Salt Hotel or in Airstream trailers docked out on the salt flats at high altitude, as well as private boat trips on beautiful Lake Titicaca. *Visit: www.coxandkings.com*



Lima

LIMA, PERU: After an extensive renovation, the Belmond Miraflores Park now offers ocean-view suites and a business floor affording privacy in the city’s finest neighbourhood.

Tel Aviv



Cape Town



Miami

The hotel also finally has a circuit perfect for travellers in Peru, with hotels in the country’s hot spots: Cusco, Machu Picchu, the Sacred Valley and on board the Belmond Hiram Bingham train. *Visit: www.belmond.com/miraflores-park-lima*

NEW YORK: It’s not exactly the usual spot for food, but Vaucluse has branched out to the Upper East Side. The Altamarea Group opened this stylish Provençal-style brasserie under the direction of chef Michael White. Highlights include roast duck, fillet of veal with seared foie gras and caramelised onion tartine in a black truffle jus, as well as watching the well-heeled patrons coming and going. *Visit: www.vauclusenyc.com*

CAPE TOWN: Now that summer’s in full swing, the Taj Cape Town – located right in the city centre – is where to find some TLC. Its spa, Jiva Grande, now offers seasonal exclusives, including a two-hour signature experience, as well as treatments such as Cape Fynbos for exfoliation and Vishrama for a deep muscle massage. Leave feeling ready for anything. *Visit: www.tajcapetown.co.za*



Bolivia



SPOTLIGHT ON: OUR CHILDREN

Unicef SA will highlight its Ending Violence Against Children initiative with the #endviolence campaign this year during 16 Days of Activism for No Violence Against Women and Children.

It will be working with three celebrity advocates – former Miss SA Jo-Ann Strauss, DJ Zakes Bantwini and Malaiika vocalist Tshedi Mholo – on a series of advertisements to highlight the abuse of children. The advertisements will highlight bullying in schools and at home, sexual assault and physical abuse.

In 2014 Unicef launched the End Violence Against Children initiative in SA and globally, aimed at raising awareness of this scourge and exhorting people to take action against it by joining local and global

movements. “In every country and culture, there’s violence against children. Whenever and wherever children are harmed, our outrage and anger must be seen and heard. We must make the invisible visible,” says Unicef Executive Director Anthony Lake.

Global research shows that witnessing or experiencing emotional, sexual or physical violence can cause lifelong damage in children. There’s also increasing evidence of how effective early development programmes can contribute to their health, growth and development.

SA’s Constitution and



legislation include some of the most effective and enlightened policies in the world to protect children. Safeguards have been put in place in the criminal justice system, including the Sexual Offences Courts and the Thutuzela Centres, which provide support for sexual assault victims.

www.unicef.org/southafrica

• As part of its corporate social initiative, Ndalo Media supports Unicef in promoting the rights and well-being of children.

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Minutes with...

Scott Wiseman, President: Americas at travel expert Cox & Kings, chats about his travel loves

I’m based in Los Angeles, but I love travelling the world with friends and family – think culture explorations.

I’m watching TV series *Indian Summers*. It was filmed in the Ladakh region of India and is all about the romance of a bygone age.

My travel haven is East Africa. The cycle of life and power of the animals thrill me.

My luggage quirk is that I always pack a sports coat, no matter what, regardless of creases.

My travel advice is to use the regional airline of any country you’re visiting. Sign up for its loyalty programme beforehand for extra luggage allowance.

My favourite book is *Into Thin Air* by American travel writer John Krakauer, who was a member of an expedition to Mt Everest in 1996 – a year when 12 climbers (including four from Krakauer’s party) were killed near the summit during a freak blizzard. It’s a testimony to how courageous human beings can be in the face of natural disasters. – **Daniel Scheffler**



WATCH THIS

Smart watches needn’t compromise on chic. A collaboration between Huawei, *Vogue* China and Italian designer Barnaba Fornasetti, proves that wearable tech accessories can be sartorial statement pieces too. This special-edition watch allows its wearers to stay connected wherever they are, with call, SMS and email notifications. It’s also capable of downloading music for offline playback

and with Bluetooth connectivity for wireless headphones, it’s the perfect running mate. It also comes with a built-in heart rate sensor and 6-Axis motion sensor to track activities like walking, running and stair-climbing. It will soon be available in SA. Visit: <http://consumer.huawei.com/minisite/worldwide/huawei-watch>

